

Monday

Tuesday

Wednesday

Thursday

Friday

NO SCHOOL

6

WG Cereal Breakfast

7

Breakfast Bar 1.42 oz
Yogurt Cup 4 oz
Fresh Fruit ½ c
Fruit Juice ½ c
Milk 8 oz

1

WG Chocolate Muffin 2 oz
Yogurt Cup 4 oz
Fresh Fruit ½ c
Fruit Juice ½ c
Milk 8 oz

2

NO SCHOOL

3

Bar 1.42 oz
Turkey Breast Stick 1.02 oz
Fresh Fruit ½ c
Fruit Juice ½ c
Milk 8 oz

WG Cereal Bowl 1oz
Cheese Stick 1 oz
Fresh Fruit ½ c
Fruit Juice ½ c
Milk 8 oz

8

Pop Tart 1.76 oz
Yogurt Cup 4 oz
Fresh Fruit ½ c
Fruit Juice ½ c
Milk 8 oz

9

Cinnamon Raisin
Bagel 1.9 oz
Cream Cheese 1 oz
Fresh Fruit ½ c
Fruit Juice ½ c
Milk 8 oz

10

Blueberry Muffin 3 oz
Sausage Stick 1.05 oz
Fresh Fruit ½ c
Fruit Juice ½ c
Milk 8 oz

13

WG Breakfast Bar 1.42 oz
Turkey Breast Stick 1.02 oz
Fresh Fruit ½ c
Fruit Juice ½ c
Milk 8 oz

14

WG Chocolate Muffin 2 oz
Yogurt Cup 4 oz
Fresh Fruit ½ c
Fruit Juice ½ c
Milk 8 oz

15

WG Cereal Bowl 1oz
Cheese Stick 1 oz
Fresh Fruit ½ c
Fruit Juice ½ c
Milk 8 oz

16

WG Bagel 2.43 oz
Cream Cheese 1 oz
Fresh Fruit ½ c
Fruit Juice ½ c
Milk 8 oz

17

NO SCHOOL

20

Pop Tart 1.76 oz
Sausage Stick 1.05 oz
Fresh Fruit ½ c
Fruit Juice ½ c
Milk 8 oz

21

Banana Loaf 2 oz
Beef Sausage Stick 1.05 oz
Fresh Fruit ½ c
Fruit Juice ½ c
Milk 8 oz

22

WG Cereal Breakfast Bar 1.42 oz
Yogurt Cup 4 oz
Fresh Fruit ½ c
Fruit Juice ½ c
Milk 8 oz

23

WG Cereal Bowl 1oz
Turkey Breast Stick 1.02 oz
Fresh Fruit ½ c
Fruit Juice ½ c
Milk 8 oz

24

WG Breakfast Bar 1.42 oz
Turkey Breast Stick
1.02 oz
Fresh Fruit ½ c
Fruit Juice ½ c
Milk 8 oz

27

WG Blueberry Muffin 3 oz
Yogurt Cup 4 oz
Fresh Fruit ½ c
Fruit juice ½ c
Milk 8 oz

28

WG Apple Cinnamon
Muffin 1.94 oz
Beef Sausage Stick 1.05 oz
Fresh Fruit ½ c
Fruit Juice ½ c
Milk 8 oz

29

WG Cereal Bowl 1oz
Cheese Stick 1 oz
Fresh Fruit ½ c
Fruit Juice ½ c
Milk 8 oz

30

